



Northeast Organic Farming Association
37th Annual Summer Conference with Northeast Animal-Power Field Days
August 12-14, 2011
University of Massachusetts, Amherst, MA
www.nofasummerconference.org

Children's Conference Workshops at the NOFA Summer Conference

Children ages 5-12 may choose from a variety of workshops specific for their age group. Read complete descriptions of these below.

You can also learn about many other topics related to organic agriculture for adults and teens at the 2011 NOFA Summer Conference. Find a complete listing of 225+ exciting workshops on organic farming, gardening and land care, draft animal-power, homesteading, nutrition, spirituality, food politics, activism, and much, much more at this web page: <http://www.nofasummerconference.org/workshops.php>

The conference features presenters from all over the Northeast, nearly 100 exhibitors, an afternoon fair with farm animals, live music and dances, an auction, and an ALL-LOCAL dinner. Stay on campus in the dorms or camp in a tent under the stars.

Keynote Speakers: **Eric Toensmeier**, award-winning author promoting food forestry to sequester carbon worldwide and **Ignacio Chapela**, scientist and activist on GMOs, agri-fuels, and the global food crisis.

[Register Now Online!](#)

*** Registrations received before July 11, 2011 get a \$20 discount.

FRIDAY, AUGUST 12, 2:00-3:30 PM

23) 2010 NOFA Mural Making

Cape Cod Lounge

Ages 9-12

Rachel Silverman: Designer and art teacher dedicated to sparking children's creative process.

Children will design and create the annual painted banner that will lead the parade during the Saturday Fair. Lots of fun and some mess, so bring a smock or old clothes that can get painty.

24) Building Fairy Houses

Cape Cod Lounge

Ages 5-12

Pamela Kimball: Works to create an ecologically-based community and sustainable life.

Come connect to nature and build a fairy village! We will read about fairies and work with partners to create fairy houses out of found natural materials creating a fairy village. In the end we will tour the village together and make drawings of our creations.

25) We're All Nuts

Cape Cod Lounge

Ages 5-8



Donnie Cox: Farmer, musician, philosopher, and previous boys and girls club counselor.

I grew up harvesting pecans and I will be talking about where pecans come from and how they are harvested. We will sing a harvest song while we dance like a shaking tree. Then we will trace our hands with crayons to think about our most valuable harvesting tools.

FRIDAY, AUGUST 12, 4-5:30 PM

49) Calf Training

Cape Cod Lounge

Ages 5-12

Jim Austin: 12 years old, enjoys woodworking and working with livestock.

Katherine Austin: Mother, leader of 4H Horse Club and riding lesson instructor.

Mike Austin: Beef, dairy, and hay farmer, and livestock dealer.

Learn how to select a well-matched pair and how to start training them. We will outline goals to work towards and discuss the behavioral traits of a well-trained calf.

50) Creative Cuisine For Kids

Cape Cod Lounge

Ages 5-6

Polly Jutras: Second year farmer and professional chef.

Come learn how to prepare organic humus and fresh local vegetables for dipping. I will teach you where the ingredients come from and basic food preparation skills.

51) The 1-2-3 of Bees

Cape Cod Lounge

Ages 7-8

Christy Hemenway: Founder of Gold Star Honeybees, advocate for young beekeepers!

Honeybees are amazing! Learn what goes on inside a beehive and why bees are so important. We will identify queen, worker and drone bees and talk about their jobs in the hive. We'll talk about why bees sting and what happens when they do. It won't hurt, we promise.

52) What is Gravestone Art?

Cape Cod Lounge

Ages 9-12

Lorna Wooldridge: Homeschool parent, teacher and creator of www.wiseowlworkshops.com.

Phil Wooldridge: Homeschool parent, software engineer, fixer of just about anything.

Learn how cemeteries were, and still are, types of art galleries. Discover the hidden meanings of the symbols found on gravestones through card games, a slide show and art you can create yourself. Hear a story about why some people decorate graves and try your hand at creating a gravestone rubbing.

SATURDAY, AUGUST 13, 8-9:30 AM

80) Butter Making For Kids

Cape Cod Lounge

Ages 5-8

Gavin Harper: Home schooled brother of four, organic farm born and raised.

We will make farm fresh organic butter by hand. Limit 15 participants.

81) Indoor Vermacomposting with Red Wigglers

Cape Cod Lounge

Ages 9-12

Erin Schminke: The daughter and niece of Vermont's "Wacky Worm Sisters"



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Kids will learn about the science and joys of vermicomposting. Learn about the micro-ecosystem in a worm bin and see how food scraps from home can be turned into compost and rich worm castings using red wiggler composting worms.

82) Mini Draft Horse Power for Kids

Cape Cod Lounge

Ages 5-12

Jean Cross: Small acreage farmer using mini horses and a pony mule.

Julie Nichols: Lifelong experience with horses. Recent convert to minis.

Our mini horses will show how children can help around the farm. We will talk about harnessing safely, ground driving a team and hooking to a mid-sized stoneboat to move some hay, shavings, and firewood. Participants will harness the team and hold the lines while they pull a small load.

SATURDAY, AUGUST 13, 10-11:30 AM

112) Driving Miss Daisy

Cape Cod Lounge

Ages 5-12

Megan Johnson: Operates Buttercup Farm and Holy Cow Cheese Company.

Driving Miss Daisy is a Jersey cow who has been trained to drive a Meadowbrook Cart. Participants will learn about dairy cow driving and Megan will entertain questions and discussion topics about working dairy cattle. Children will love to hear about the exciting and adventurous life of this little driving cow.

113) Giant Eco-Art Mandala

Cape Cod Lounge

Ages 9-12

Maya Apfelbaum: Educator, artist, performer and director, celebrating nature, creativity and community.

Take a Nature/Un-Nature discovery hike; collecting treasures and trash. Create a giant Eco-Art Mandala for the parade with found & supplied objects: bottle caps, fabric scraps, shells, seeds, feathers and coloring tools. Write and decorate an eco-message in the Mandala's center, becoming super spokes-people for the Earth! Limit 15.

114) Walking Tour of Umass Gardens

Cape Cod Lounge

Ages 5-6

Jennifer Byington: Homeschooling mother of four, organic farmer.

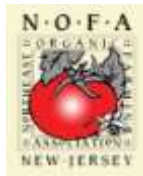
Provided we have dry weather, we will take a walk to look at Umass' gardens. There is a walled garden, and some very special fruit trees. If it is raining we will read old folk tales about farming and we will roll beeswax candles.

115) Wonderful Wiggly Worms

Cape Cod Lounge

Ages 7-8

Tai Dinnan: Gardens Coordinator for Groundwork Somerville, board member for the Somerville Community Growing Center.



Jennie Dubitsky: Educator at Groundwork Somerville.

Children will play with and learn about the wonderful worms that help complete the life cycle of our gardens and farms. Participants will get to enjoy music, games and hand on exploration of our wiggly garden friends.

SATURDAY, AUGUST 13, 1-2:30 PM

146) Children's Parade & Celebration Circle Prep

Cape Cod Lounge

Ages 5-12

Happy Dan the Music Man: Entertainer of children of all ages, performs throughout New England.

Singing songs, decorating floats, creating community, having fun, producing a wonderful parade for everyone involved. I will work with the children's conference teachers and we will share our joy with the entire community! In addition I will be preparing the children to be part of a community-wide celebration circle which will conclude the parade.

SUNDAY, AUGUST 14, 8-9:30 AM

172) Caring for Rabbits

Cape Cod Lounge

Ages 5-12

Leslie Ardison: Have raised rabbits for 17 years.

This is a general handling workshop. Participants will learn how to pick up and hold a rabbit, how to trim toenails, different types of fur, very general care, what to feed or not feed a rabbit.

173) Nature's Colors

Cape Cod Lounge

Ages 9-12

Rosemary Glos: I am a farm kid with years of experience experimenting in the woods.

I will introduce you to the world of natural dyes from plants, lichen, and fungi. Participants will have access to my dye notes, books on natural dyeing, and examples of dyestuff. We will do a simple wool dye with native plants.

174) Play Party Rhythm Games and Dances

Cape Cod Lounge

Ages 5-8

Valerie Walton: Music teacher, saxophonist and gardener.

I will teach games, songs and dances originating mostly in the early 20th century farming communities of the American south. We will use recordings, singing, and body percussion as our accompaniment. We also love making rhythm ensembles with percussion and will do some of that if interest and time allows.

SUNDAY, AUGUST 14, 10-11:30 AM

197) Hopscotch For Hip Kids

Cape Cod Lounge

Ages 7-8

Janna M. Boettcher: Creative Mom who loves kids, playing games and having fun.

Claire Boettcher: Fun-loving teen who loves games of all types.

We will teach some different and fun ways to play this age-old game that kids have been playing for generations. Bring your rock and get ready to hop, skip and jump!

198) Make Your Own Yummy Lip Balm!

Cape Cod Lounge

Ages 5-12

Corey Calαιο: Herbalist, consulting hypnotist, founder of Karma Balm, LLC.



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Alison Caruso: Nature lover, Mother, Vice President of Karma Balm, LLC

This workshop will include an introduction to rich organic oils and herbs mixed and melted into a delicious lip balm. We will be teaching the children the important Karma Balm motto "If you can't eat it you shouldn't put it on your skin!"

199) Mr Guitar Man

Cape Cod Lounge

Ages 2-6

Tad Hitchcock: Music teacher, guitarist and gardener.

I will accompany singing, dancing and percussion playing with my guitar as I have for the last 14 years as a music teacher. We will sing songs about nature, farms, gardens and birds.

200) Surprise Craft

Cape Cod Lounge

Ages 9-12

Mary Lou Conna: Former Scout Leader, former elementary school teacher, and crafter.

Mary Lou has been presenting children's craft workshops for many years at the summer NOFA conference. Although she was still finalizing her ideas at the printing of this book, the participants are guaranteed to have fun with her!! See conference bulletin board for more details.

SUNDAY, AUGUST 14, 1-2:30 PM

228) Decoupage Discovery

Cape Cod Lounge

Ages 9-12

Claire Boettcher: Crafty teen who loves animals and the outdoors.

Janna Boettcher: Creative Mom who loves kids, playing games and having fun.

We will take a "found object" that would otherwise be someone's trash and turn it into something beautiful by using the ancient art of decoupage, which is cutting and gluing paper onto it.

229) Paper Airplanes

Cape Cod Lounge

Ages 5-12

Woody Ruiz: Independent New Orleans-based chef; lover of children and dogs.

Participants in this workshop will learn how to make paper airplanes, including the infamous stunt nosed stunt flyer among others. Perhaps we can learn different styles of paper airplanes from each other and see whose flies the furthest outside, weather permitting, down into the Quad.

230) When the Root Children Wake Up

Cape Cod Lounge

Ages 5-8

Susan Youmans: Internet food and agriculture radio show, Waldorf mother, raspberry grower.



We will read and act out Sybylle von Olfers well-loved pictures in this story, choosing a grass, insect, grain or flower to be, and learning what each needs to grow. We'll then act out how organisms in the soil bring nutrients to the plants.